

Keep this catalog
for future orders.

2023 Herbal Product Catalog



Get herbal products delivered to your doorstep at no additional cost!



CentralHealthPlan.NationsBenefits.com

Shop Easier, Healthier and Happier

Hello, Valued Member:

We would like to take this opportunity to welcome you and thank you for choosing **Central Health Plan** to participate in your health care. As a valued member, you have an Herbal benefit through **NationsBenefits®** that gives you access to a variety of herbal products.

Placing an order is simple. You have four easy ways to use your benefit allowance and receive two-day shipping at no additional cost. We encourage you to visit the MyBenefits portal to place your order. Visit **CentralHealthPlan.NationsBenefits.com** to get started.

If you need help placing an order, please call **(866) 876-8637 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available if needed, free of charge.

Sincerely,

Your NationsBenefits Team

Helpful Benefit Information



You can save time and money by using your Herbal benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

Additional information about your Herbal benefit is outlined below:



Benefit Usage:

This benefit is only for you and cannot be used for your family or friends.



Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



Delivery:

Please allow two days for delivery.



Returns:

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsBenefits.



Disenrollment:

If you disenroll from your health plan, your Herbal benefit will automatically end.

Ordering Herbal Products Has Never Been Easier

You have four convenient ways to place an order. Choose the option that's best for you:



Website



To place an order through the MyBenefits portal, scan the QR code using your smartphone camera or visit:

CentralHealthPlan.NationsBenefits.com



App



To place an order through the MyBenefits app, scan the QR code using your smartphone or search “**MyBenefits**” in the App Store or Google Play.



If this is your first time placing an order online, you will need to create an account by registering on the **MyBenefits portal** or the **MyBenefits app**. If you already created an account, simply log in and select the items you would like to order. Once you're ready to place your order, click “**Checkout.**”



Phone

To place an order by phone, please call **(866) 876-8637 (TTY: 711)**.

Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.



Mail

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsBenefits
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

Please Note: Order forms should be mailed **before the 20th of the month** to ensure the order total is applied to the current benefit period. We encourage you to place an order online or by phone if the end of your benefit period is approaching. Please do not send cash or checks in the mail.

Product Categories



To see a complete list of your covered 2023 Herbal products, please visit the **MyBenefits portal** at **CentralHealthPlan.NationsBenefits.com**

Cold, Flu & Allergy	6
Digestive Health	6
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Hemorrhoidal Preparations	7
Pain Relief	7
Personal Care	7
Skin Care	8
Vitamins & Dietary Supplements	8

Item #	Description	Count	Price
Cold, Flu & Allergy			
4289	999 Cold Remedy (Granular), 90 gm.	9 ct.	\$10.00
4290	Ding Lu Brand Xinhuang Pian	36 ct.	\$19.00
4291	Fortune Coltalin-ND Non-Drowsy Cold Tablets	36 ct.	\$28.50
4292	Fortune Extra Fast Coltalin Cold & Flu	36 ct.	\$28.50
4293	Golden Throat Lozenge Cough Drops (Jinsangzi Houpian)	12 ct.	\$5.25
4294	Great Wall Brand Huang Lian Sheng Qing	96 ct.	\$25.75
4295	Great Wall Brand Yin Chiao Chiehtupien	96 ct.	\$25.75
4296	Great Wall Brand Yin Chiao Tablets	120 ct.	\$20.25
4070	Mentholatum® Original Ointment vapor rub, 1 oz.	1 ct.	\$4.75
4119	Minyak Cap Kapak Oil, 1.89 oz.	1 ct.	\$20.00
4297	Ryukakusan Throat Refreshing Herbal Drops, Mint, 88 gm.	1 ct.	\$10.00
4298	Sanjin Watermelon Frost Spray, Breath Freshener, 3 gm.	1 ct.	\$13.00
4299	Solstice Golden Throat Lozenge Herbal Supplement (Ginseng Flavor)	12 ct.	\$5.25
4300	Solstice Golden Throat Lozenge Herbal Supplement (Hawthorn Flavor)	12 ct.	\$5.25
4301	Solstice Golden Throat Lozenge Herbal Supplement (Honeysuckle Original Flavor)	12 ct.	\$5.25
4302	Solstice Golden Throat Lozenge Herbal Supplement (Luo Han Guo Flavor)	12 ct.	\$5.25
4303	Yang Cheng Brand Gan Mao Ling	100 ct.	\$12.50
4304	Yulin Chuan Xin Lian (Andrographis)	100 ct.	\$11.00
Digestive Health			
4305	999 San Jiu Wei Tai Granules Dietary Supplement, 120 gm.	1 ct.	\$10.00
4306	Baiyunshan Fu Ke An Pian	24 ct.	\$7.00
4307	Fishing Brand Fishing Pill	50 ct.	\$7.50
4308	Jiuzhitang Xiang Sha Yan Wei Wan	200 ct.	\$9.00
4309	Trt Huo Xiang Zheng Qi Pian	144 ct.	\$34.75
4310	Yanyu Kai Sai Lu Glycerin Liquid Laxative, 20 ml.	1 ct.	\$7.50
Feminine Care			
4311	Buchang Xiaoru Sanjie Capsule	60 ct.	\$16.50
4312	Jiuzhitang Xiao Yao Wan	200 ct.	\$10.00

Item #	Description	Count	Price
Hemorrhoidal Preparations			
4313	Ma Ying Long Hemorrhoid Suppository	6 ct.	\$14.50
4314	Ma Ying Long Musk Hemorrhoid Ointment, 10 gm.	1 ct.	\$7.50
Pain Relief			
4315	Astrapharm Chilli Porous, External Medicated Plaster	1 ct.	\$3.75
4316	Axe Universal Medicated Oil, 56 ml.	1 ct.	\$18.75
4317	Buzhang Fufang Shiwei Jiaonang	36 ct.	\$16.50
4318	Cheezheng Plaster	1 ct.	\$6.00
4319	Ching Wan Hung Soothing Herbal Balm, 10 gm.	1 ct.	\$8.50
4320	Chu Kiang Brand Extra Strength Hua Tuo Pain Relief Patch	6 ct.	\$5.50
4321	E Mei Shan Medicated Plaster	5 ct.	\$5.75
4013	Eagle Brand Medicated Oil, 24 ml.	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	1 ct.	\$13.00
4322	FF Electric Medicated Balm External Analgesic, 70 gm.	1 ct.	\$27.00
4112	Kwan Loong®, 1 oz.	1 ct.	\$10.00
4323	Muhi Mopidicks Lotion, 50 ml.	1 ct.	\$25.00
4324	Posumon Medicated Oil, 30 ml.	1 ct.	\$26.75
4325	Sheng Chun Herbal Pain Relieving Patch	3 ct.	\$8.50
4015	Siang Pure Oil Original Red Formula, 7 ml.	1 ct.	\$13.00
4326	Solstice Tianhe Gutong Tiegao Pain Relieving Patch	10 ct.	\$12.00
4019	Tiger Balm® Liniment, 2 oz.	1 ct.	\$9.00
5318	Tiger Balm® Muscle Rub, 2 oz.	1 ct.	\$5.00
4018	Tiger Balm® Ointment, Extra Strength, 0.63 oz.	1 ct.	\$7.00
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	1 ct.	\$12.00
4016	Tiger Balm® Patch, Regular	5 ct.	\$7.00
4017	Tiger Balm® Patch, Large	4 ct.	\$8.00
4111	White Flower® Analgesic Balm Oil, 10 ml.	1 ct.	\$10.00
4327	Yunnan Baiyao Plaster	5 ct.	\$16.00
4120	Zheng Gu Shui Analgesic Liquid®, 2 oz.	1 ct.	\$16.00
Personal Care			
4113	Chamomile Oil, 2 oz.	1 ct.	\$10.00
4115	Deodorant, Potassium Alum	1 ct.	\$9.00

Item #	Description	Count	Price
Skin Care			
4328	Dakening Miconazole Nitrate Cream, 20 gm.	1 ct.	\$16.50
4329	Shuangyan Brand Compound Ketoconazole Cream (Pi Kang Wang Ruangao), 10 gm.	1 ct.	\$11.50
4330	Shuangyan Brand Te Xiao Niu Pi Xuan Ruan Gao (Psoriasis Ointment), 10 gm.	1 ct.	\$13.25
4331	Shuangyan Pikang Cream, 10 gm.	1 ct.	\$8.50
Vitamins & Dietary Supplements			
4149	Apple Cider Vinegar Tablet, 300 mg.	250 ct.	\$10.00
4022	Ashwagandha Capsules [‡]	60 ct.	\$27.00
4332	Beijing Tong Ren Tang Liu Wei Di Huang Wan Herbal Supplement	360 ct.	\$23.50
4333	Beijing Tong Ren Tang Shi Quan Da Bu Wan	360 ct.	\$20.00
4334	Beijing Tongrentang Zhi Bai Di Huang Wan	360 ct.	\$23.50
4335	Buchang Qianlie Shutong (Prostate Gland)	36 ct.	\$16.50
4336	Buchang Wenxin Granule (Sucrose-Free)	9 ct.	\$13.25
4024	Cinnamon Capsules, 1,000 mg. [‡]	100 ct.	\$6.00
5069	Garlic Oil, 500 mg. [‡]	100 ct.	\$10.00
4023	Ginkgo Biloba Capsules, 60 mg. [‡]	50 ct.	\$5.00
4021	Ginseng Capsules, 200 mg. [‡]	50 ct.	\$5.00
4117	Gotu Kola Extract, 2 oz. [‡]	1 ct.	\$20.00
4337	Great Wall Brand Ching Fei Yi Huo Pien	96 ct.	\$25.75
4338	Indian God Lotion Herbal Fragrance, 3 ml.	1 ct.	\$25.25
4339	Jiuzhitang Bu Zhong Yi Qi Wan	200 ct.	\$10.00
4340	Jiuzhitang Golden Lock Gujing	200 ct.	\$9.50
4341	Jiuzhitang Gui Pi Wan	200 ct.	\$10.00
4342	Jiuzhitang Liu Wei Di Huang Wan	200 ct.	\$10.00
4343	Jiuzhitang Qiju Dihuang Wan	200 ct.	\$10.00
4344	Jiuzhitang Zhi Bai Di Huang Wan	200 ct.	\$10.00
4345	Li Zhong Sheng Tang Po Chai, 18.9 gm.	1 ct.	\$11.50
4069	Red Rice Yeast, 600 mg. [‡]	60 ct.	\$10.00
4346	Ricqles Peppermint Cure, 50 ml.	1 ct.	\$17.25
4347	Ryukakusan Throat Refreshing Herbal Drops White Peach Flavor	11 ct.	\$4.50
4348	Songbai Suxiaojiuxinwan	120 ct.	\$25.00

Item #	Description	Count	Price
Vitamins & Dietary Supplements			
4349	Tasly Compound Danshen Dripping Pills (Fu Fng Dan Shen Di Wan)	180 ct.	\$19.00
4350	TRT Niu Huang Jie Du Pian	96 ct.	\$27.50
4351	TRT Niu Huang Jie Du Pian Herbal Supplement (Sugar Coated)	100 ct.	\$26.50
4352	TRT Shun Chi Wan Herbal Supplement	300 ct.	\$20.50
4353	Trumpet Brand Seirogan Herbal Supplement	100 ct.	\$15.00
4025	Turmeric Capsules, 500 mg.†	60 ct.	\$7.00
4354	Yin Kong Strong Man Bao (Qiang Li Nan Bao)	20 ct.	\$9.75
4118	Yu Xing Cao Extract, 2 oz.†	1 ct.	\$25.00
4355	Yunnan Baiyao Capsules	16 ct.	\$13.75
4356	Yunnan Baiyao Powder, 4 gm.	1 ct.	\$10.00

†Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the Herbal supplemental items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

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STEP 2 – Make Your Selection

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
Total Order Amount				\$ _____

NOTE: If the total amount exceeds your benefit allowance, a Member Experience Advisor will call you to collect payment before your order can be processed.

STEP 3 – Mail Completed Form

Send the completed order form using the postage-paid envelope to:

NationsBenefits
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

If you have any questions or need assistance placing your order, please call NationsBenefits at **(866) 876-8637 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available free of charge.

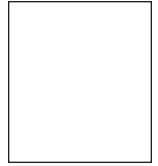
I understand that the phone numbers and/or emails I provided on this form may be used by NationsBenefits or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

IMPORTANT: Please mail your order form no later than the 20th of the month to ensure your order total is applied to the current benefit period. If you need your order sooner, please go online or call.



nations benefits

1801 NW 66th Avenue, Suite 100
Plantation, FL 33313



Get started today!



Visit us online at
CentralHealthPlan.
NationsBenefits.com



Download the
MyBenefits app to
your mobile device



Call us at
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(TTY: 711)



Complete and mail
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