



# 2023 Provider Directory Directorio de Proveedores

Ventura

# Central Health Medicare Plan (HMO)

This directory is current as of September 01, 2022.

This directory provides a list of Central Health Medicare Plan's current network providers for Ventura County.

To access Central Health Medicare Plan's online provider directory, you can visit [www.centralhealthplan.com](http://www.centralhealthplan.com). For any questions about the information contained in this directory, please call our Member Services Department at 1-866-314-2427, 7 days a week from 8:00am to 8:00pm (PT). TTY users should call 711.

To request a hard copy of Central Health Medicare Plan's provider directory, please call our Member Services Department at 1-866-314-2427, 7 days a week from 8:00am to 8:00pm (PT). Central Health Medicare Plan will mail a hard copy of the provider directory to you within three (3) business days of your request. Central Health Medicare Plan may ask whether your request for a hard copy is a one-time request or if you are requesting to receive the provider directory in hard copy permanently.

If you request it, your request for hard copies of the provider directory remains until you leave Central Health Medicare Plan or request that hard copies be discontinued.

This document may be available in an alternate format such as Braille, larger print, or audio.

# Central Health Medicare Plan (HMO)

Este directorio esta actualizado a partir de 1 de septiembre de 2022.

Este directorio proporciona una lista de los proveedores actuales de la red Central Health Medicare Plan para el condado de Ventura.

Para acceso al directorio de proveedores de Central Health Medicare Plan por internet, puede visitar [www.centralhealthplan.com](http://www.centralhealthplan.com). Para cualquier pregunta sobre la información contenida en este directorio, por favor llame a nuestro Departamento de Servicios para Miembros al 1-866-314-2427, 7 días a la semana, de 8:00 am a 8:00 pm. (PT). Los usuarios de TTY deben llamar al 711.

Para solicitar una copia impresa del directorio de proveedores de Central Health Medicare Plan, llame a nuestro Departamento de Servicios para Miembros al 1-866-314-2427, los 7 días de la semana de 8:00 am a 8:00 pm (hora del Pacífico). Central Health Medicare Plan le enviará por correo una copia impresa del directorio de proveedores dentro de los tres (3) días hábiles posteriores a su solicitud. Central Health Medicare Plan puede preguntar si su solicitud de una copia impresa es una solicitud única o si está solicitando recibir el directorio de proveedores en una copia impresa de forma permanente.

Si lo solicita, su solicitud de copias impresas del directorio de proveedores permanece hasta que abandone Central Health Medicare Plan o solicite que se suspendan las copias impresas.

Este documento tal vez sea disponible en un formato alternativo tales como Braille, letra grande o audio.

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## **Section 1 – Introduction**

This directory provides a list of Central Health Medicare Plan's network providers.

You will have to choose one of our network providers listed in this directory to be your **Primary Care Provider (PCP)**. Generally, you must get your health care services from your PCP. Your PCP is a physician who meets state requirements and is trained to give you basic medical care. You will get your routine or basic care from your PCP. Your PCP can also coordinate the rest of the covered services you need. In most cases, you must see your PCP to get a referral before you see any other health care provider.

The network providers listed in this directory have agreed to provide you with your health care services. You may go to any of our network providers listed in this directory; however, some services may require a referral. If you have been going to one network provider, you are not required to continue going to that same provider. In some cases, you may get covered services from out-of-network providers.

### **What if you use out-of-network providers to get covered services?**

Out-of-network providers are providers that are not part of Central Health Medicare Plan. If you use out-of-network providers, you may have to pay more. Care or services you get from out-of-network providers will not be covered, except for ambulance services, emergency care, including post-stabilization care, urgently needed care, renal dialysis (kidney), and any services which were ordered covered through an appeals process.

### **What if you receive a bill from an out-of-network provider?**

If an out-of-network provider sends you a bill for covered services that you think should be paid by our plan, DO NOT pay the bill. Please contact Member Services at 1-866-314-2427. TTY users call 711. We will ask you to send the bill to us so that we can process and determine the amount you owe, if any. If you have already paid for any medical care that we cover, we will reimburse you for our share of the cost.

### **How to get covered services when you have an emergency?**

When you have a “medical emergency,” you believe that your health is in serious danger. A medical emergency can include severe pain, a bad injury, a sudden illness, or a medical condition that is quickly getting much worse.

If you have a medical emergency:

- Get help as quickly as possible. Call 911 for help or go to the nearest emergency room or hospital. Call for an ambulance if you need it. You do not need to get approval or a referral

first from your PCP.

- As soon as possible, make sure that our plan has been told about your emergency. We need to follow up on your emergency care. You or someone else should call to tell us about your emergency care, usually within 48 hours. Please refer to the information provided on the back of your membership card for specific directions and appropriate phone numbers to call.

After the emergency is over you are entitled to follow-up care to be sure your condition continues to be stable. Your follow-up care will be covered by our plan. If your emergency care is provided by out-of-network providers, we will try to arrange for network providers to take over your care as soon as your medical condition and the circumstances allow.

### **How to get urgently needed care?**

“Urgently needed care” is a non-emergency situation when:

- You need medical care right away because of an illness, injury, or condition that you did not expect or anticipate, but your health is not in serious danger.
- Because of the situation, it isn't reasonable for you to obtain medical care from a network provider.

Whenever possible, you must use our network providers when you are in the plan's service area and you have an urgent need for care. In most situations, if you are in the plan's service area, we will cover urgently needed care only if you get this care from a network provider. If the circumstances are unusual or extraordinary, and network providers are temporarily unavailable or inaccessible, our plan will cover urgently needed care that you get from a out-of-network provider.

You must use network providers except in emergency or urgent care situations or for out-of-area renal dialysis or other services. If you obtain routine care from out-of-network providers neither Medicare nor Central Health Medicare Plan will be responsible for the costs.

### **What is the service area for Central Health Medicare Plan?**

The county in our service area is listed below.

Ventura County

### **How do you find Central Health Medicare Plan providers that serve your area?**

The PCPs in this directory are organized alphabetically by the cities where they reside, and

further listed in alphabetical order by the last name within each city. By looking up the city in which you reside, you will be able to find the physicians listed in your area. The specialty care providers (specialists) are organized alphabetically by the physician groups they belong to. If there is a particular plan specialist that you want to use, check first to be sure your PCP makes referrals to that specialist. Your PCP choice may cause you to be restricted to a specific group of specialists. If you have questions about Central Health Medicare Plan or require assistance in selecting a PCP, please call our Member Services Department at 1-866-314-2427, 7 days a week from 8:00am to 8:00pm (PT). TTY/TDD users should call 711. You can also visit [www.centralhealthplan.com](http://www.centralhealthplan.com).

## **Section 2 – List of Network Providers**

Total Number of Primary Care Physicians.....	106
Total Number of Specialists.....	325
Total Number of Hospitals.....	3
Total Number of Skilled Nursing Facilities.....	9
Total Number of Behavioral Health Providers.....	17

\* Providers noted with an asterisk do not accept Medi-Cal.

† Providers noted with this symbol are not currently accepting new patients.

## **Sección 1 – Introducción**

Este Directorio provee una lista de los proveedores del plan de Central Health Medicare Plan.

Usted tendrá que elegir un proveedor en nuestra red quien se encuentra en la lista de este directorio para que sea su Médico de Asistencia Primaria (**P**rimary **C**are **P**hysician, PCP por sus siglas en Ingles). Generalmente, usted deberá obtener la cobertura del cuidado de su salud de parte de su PCP. Su PCP es un médico que cumple con los requisitos del estado y está entrenado para proporcionarle cuidado médico básico. Usted obtendrá su cuidado básico o rutinario de parte de su PCP. Su PCP también puede coordinar el resto de los servicios cubiertos que necesite. En la mayoría de los casos, usted debe consultar su PCP para obtener una referencia antes de poder consultar a otro proveedor para el cuidado de la salud.

Los proveedores de la red en este directorio están de acuerdo en proveerle su cobertura de cuidado de salud. Usted puede ir a cualquiera de nuestros proveedores de la red en este directorio; sin embargo algunos servicios tal vez requieran una referencia. Si usted ha estado visitando un proveedor de la red, usted no tiene que seguir visitando el mismo doctor. En algunos casos, usted puede recibir servicios cubiertos por un proveedor fuera-de-la-red.

### **¿Que si utilizo proveedores fuera-de-la-red para obtener servicios cubiertos?**

Proveedores fuera-del-la-red son proveedores que no son parte de Central Health Medicare Plan. Si usted consulta proveedores fuera-de-la-red, usted podría pagar más. La atención o servicios que usted obtiene de proveedores fuera-de-la-red no serán cubiertos, excepto por servicios de ambulancia, cuidados de emergencia, incluyendo atención de hospital después que esta estable, atención urgentemente necesaria, diálisis renal (riñón), y cualquier servicio que haya sido ordenado para cobertura por medio de un proceso de apelación.

### **¿Que pasa si recibe un cobro por un proveedor que este fuera-de-la-red?**

Si recibe un cobro por un proveedor fuera-de-la-red de servicios cubiertos que usted piensa que deben ser pagados por nuestro plan, no pague la factura. Favor de llamar al Departamento de Servicio al Miembro al 1-866-314-2427. Usuarios de TTY deben llamar al 711. Le pediremos que nos mande la factura para qué podamos procesar y determinar la cantidad que usted debe, si es que debe algo. Si usted ya pago por algún servicio que nosotros cubrimos del cuidado de salud, le reembolsaremos el costo que nos corresponde.

### **¿Cómo puede recibir servicios cubiertos cuando usted tenga una emergencia?**

Cuando usted tiene una “emergencia médica”, usted cree que su salud está en peligro. Una emergencia médica puede incluir dolor severo, una lesión grave, o enfermedad repentina, o una condición médica que se está empeorando rápidamente.



Si usted tiene una emergencia médica:

- Reciba ayuda lo más pronto posible. Llame al 911 para obtener ayuda o diríjase a la sala de emergencias u hospital más cercano. Llame a una ambulancia si la necesita. Usted *no* necesita recibir autorización previa o una referencia de su médico primero.
- Asegúrese que nuestro plan ha sido informado de su emergencia lo más pronto posible. Necesitamos hacer un seguimiento de su atención de emergencia. Usted, o alguien más debería llamarnos o dejarnos saber de su cuidado de emergencia, usualmente entre las primeras 48 horas. Favor de referirse a la información que es proveída en la parte detrás de su tarjeta de membresía para direcciones específicas y los números de teléfono apropiados.

Después de la emergencia, usted tiene derecho a recibir atención de seguimiento para asegurarse de que su condición siga siendo estable. Su atención de seguimiento estará cubierta por nuestro plan. Si su cuidado de emergencia es previsto por un proveedor fuera-de-la-red, nosotros trataremos de coordinar que los proveedores de la red se encarguen de su cuidado tan pronto como su condición médica y las circunstancias lo permitan.

### **¿Cómo conseguir la atención de urgencia?**

"Atención de urgencia" es una situación que no es de emergencia cuando:

- Usted necesite cuidado médico inmediato por una enfermedad, lesión, o condición que usted no esperaba o anticipaba, pero que su salud no está en peligro grave.
- Por la situación en que se encuentra, no es razonable obtener cuidado médico por un proveedor dentro de la red.

Cuando es posible, usted debe usar nuestros proveedores dentro de la red cuando este dentro del área de servicio del plan y tenga una necesidad de cuidado de salud urgente. En la mayoría de los casos, si usted está dentro de nuestra área de servicio del plan, le cubriremos el cuidado de salud urgente solo si recibe el servicio por un proveedor dentro de la red. Si las circunstancias son inusuales o extraordinarias, y los proveedores del plan no están disponibles temporalmente o son inaccesibles, nuestro plan cubrirá el cuidado de urgencia necesaria que usted reciba por un proveedor fuera-del-la-red.

Usted debe usar proveedores del plan excepto en situaciones del cuidado de emergencia o urgencia o para diálisis renal fuera del área de servicio u otros servicios. Si usted obtiene cuidado de rutina de los proveedores fuera-de-la-red, ni Medicare ni Central Health Medicare Plan serán responsables por los costos.

### **¿Cuál es el área de servicio de Central Health Medicare Plan?**

El condado y parte de los condados/codigos postales cubiertos en nuestra área de servicio

están enumerados abajo.

Condado de Ventura

## ¿Cómo encuentra proveedores del Central Health Medicare Plan que atiendan a su área?

Los Doctores en este directorio están en orden alfabética por las ciudades en cuales residen, y después están en orden alfabética por apellido entre cada ciudad. Si busca por ciudad en la cual reside, usted podrá encontrar los doctores que están en su área. Los doctores de cuidado especial (especialistas) están organizados en orden alfabética por los grupos de médicos a cuales pertenecen. Si hay algún especialista del plan que gusta ver, primero necesita revisar si su médico refiere pacientes a ese especialista. Tal vez. Su elección de PCP puede ocasionar que esté restringido a un grupo específico de especialistas. Si usted tiene preguntas acerca de Central Health Medicare Plan o si requiere asistencia en seleccionando un doctor, favor de llamar al Departamento de Servicio al Miembro al 1-866-314-2427, los 7 días a la semana, de 8:00 A.M. – 8:00 P.M.(Tiempo Pacifico). Usuarios de TTY deben llamar al 711. O, visite nuestra página en el internet [www.centralhealthplan.com](http://www.centralhealthplan.com).

### Sección 2 – Lista de Proveedores de la Red

Número Total de Proveedores.....	106
Número Total de Especialistas.....	325
Número Total de Hospitales.....	3
Número Total de Centro de Enfermería Especializada.....	9
Número Total de Proveedores del Cuidado de los Trastornos de Comportamiento.....	17

\* Los proveedores indicados con un asterisco no aceptan Medi-Cal

† Los proveedores indicados con este símbolo no aceptan pacientes nuevos



**PRIMARY CARE PHYSICIANS (PCP)**

**MÉDICOS DE ATENCIÓN PRIMARIA**

## PRIMARY CARE PHYSICIANS

### **Camarillo**

#### **Anees, Nasr N MD**

##### Family Practice

Arabic

730 Paseo Camarillo  
Camarillo, CA 93010  
(805) 920-7021  
Clinicas del Camino Real:  
20150925005

#### **Balloch, Jody MD**

##### Family Practice

5051 Verdugo Way #110  
Camarillo, CA 93012  
(805) 384-8071  
Valley Care IPA:  
20201013004

#### **Carvalho, J Paulo MD**

##### Family Practice

French, Italian, Portuguese,  
Spanish

3801 Las Posas Rd #214  
Camarillo, CA 93010  
(805) 437-0900  
Valley Care IPA:  
20201013039 †

#### **Chen, Jian Anna MD**

##### Internal Medicine

3901 Las Posas Rd #10  
Camarillo, CA 93010  
(805) 918-4476  
Valley Care IPA:  
20201010004

#### **Dickey, Maria DO**

##### Family Practice

3901 Las Posas Rd #10  
Camarillo, CA 93010  
(805) 918-4476  
Valley Care IPA:  
20201012009

#### **Fatemi, Shahram MD**

##### Family Practice

64 E Daily Dr  
Camarillo, CA 93010  
(805) 384-8071  
Valley Care IPA:  
20201012015

#### **Fouad, Hany MD**

##### Family Practice

5051 Verdugo Way #110  
Camarillo, CA 93012  
(805) 384-8071

Valley Care IPA:  
20201012017

#### **Jamal, Naser DO**

##### Internal Medicine

5051 Verdugo Way #100  
Camarillo, CA 93012  
(805) 384-8071  
Valley Care IPA:  
20201012024

#### **Jonokuchi, Carl MD**

##### Family Practice

3901 Las Posas Rd #10  
Camarillo, CA 93010  
(805) 918-4476  
Valley Care IPA:  
20201013003

#### **Kang, Seong MD**

##### Family Practice

Korean

3801 Las Posas Rd #214  
Camarillo, CA 93010  
(805) 437-0900  
Valley Care IPA:  
20201013034 †

#### **Kondal, Udit C MD**

##### Family Practice

Hindi, Punjabi, Spanish

3801 Las Posas Rd #214  
Camarillo, CA 93010  
(805) 437-0900  
Valley Care IPA:  
20201013023

#### **Lundquist, Davin R MD**

##### Family Practice

5051 Verdugo Way #100  
Camarillo, CA 93012  
(805) 384-8071  
Valley Care IPA:  
20201013001

64 E Daily Dr  
Camarillo, CA 93010  
(805) 384-8071

Valley Care IPA:  
20201013001

#### **Marks, Eric MD**

##### Internal Medicine

3801 Las Posas Rd #214  
Camarillo, CA 93010  
(805) 437-0900  
Valley Care IPA:  
20201013031

#### **Miller, Jeffrey MD**

##### Family Practice

3801 Las Posas Rd #214  
Camarillo, CA 93010  
(805) 437-0900  
Valley Care IPA:  
20201013025

#### **Napod, Jocelyn MD**

##### Internal Medicine

5051 Verdugo Way #100  
Camarillo, CA 93012  
(805) 384-8071  
Valley Care IPA:  
20201012013

#### **Sharma, Nisha MD**

##### Internal Medicine

5051 Verdugo Way #100  
Camarillo, CA 93012  
(805) 384-8071  
Valley Care IPA:  
20211123001

#### **Skinner, Edwina MD**

##### Internal Medicine

5051 Verdugo Way #100  
Camarillo, CA 93012  
(805) 384-8071  
Valley Care IPA:  
20201013005

### **Fillmore**

#### **Breckenridge, Amelia MD**

##### Family Practice

828 W Ventura St #100  
Fillmore, CA 93015  
(805) 524-2000  
Valley Care IPA:  
20201013018

#### **Bundy, Logan MD**

##### Family Practice

533 Sespe Ave #B  
Fillmore, CA 93015  
(805) 524-6700  
Valley Care IPA:  
20201012026

#### **Levin, Ana A MD**

##### Family Practice,

##### Obstetrics/Gynecology

Spanish

828 W Ventura St #100  
Fillmore, CA 93015  
(805) 524-2000  
Valley Care IPA:  
20220412001

#### **Ramaswamy, Nandinidevi MD**

##### Internal Medicine

355 Central Ave  
Fillmore, CA 93015  
(805) 524-4926  
Clinicas del Camino Real:  
20180911001

#### **Solinas, Lisa MD**

##### Family Practice

828 W Ventura St #100  
Fillmore, CA 93015  
(805) 524-2000  
Valley Care IPA:  
20201012022

### **Moorpark**

#### **Hameed, Nabeel MD**

##### Family Practice

612 Spring Rd #A  
Moorpark, CA 93021  
(805) 523-5400  
Valley Care IPA:  
20201014010

#### **Ippolito, John MD**

##### Family Practice

612 Spring Rd #A  
Moorpark, CA 93021  
(805) 523-5400  
Valley Care IPA:  
20201009022

#### **Jones, Amy MD**

##### Family Practice

612 Spring Rd #A  
Moorpark, CA 93021  
(805) 523-5400  
Valley Care IPA:  
20201009023

#### **Karra, Annapurna MD**

##### Family Practice

612 Spring Rd #A  
Moorpark, CA 93021  
(805) 523-5400  
Valley Care IPA:  
20201012011

#### **Mueller, Khristina MD**

##### Family Practice

612 Spring Rd #A  
Moorpark, CA 93021  
(805) 523-5400  
Valley Care IPA:  
20201014011

**Soliman, Peter K MD**Family Practice

Arabic, French, Spanish  
4279 Tierra Rejada Rd  
Moorpark, CA 93021  
(805) 222-2323  
Clinicas del Camino Real:  
20150925007

**Newbury Park****Pawar, Gagan MD**Family Practice

Hindi, Punjabi  
1000 Newbury Rd #150  
Newbury Park, CA 91320  
(805) 498-3640  
Clinicas del Camino Real:  
20150928029

**Oxnard****Andrade, Alejandro MD**Family Practice

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201013015

**Bahnam, Ramona V MD**Family Practice

650 Meta St  
Oxnard, CA 93030  
(805) 487-5351  
Clinicas del Camino Real:  
20200710001

**Carlisle, Lisabeth MD**Family Practice

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201013019

**Carvalho, J Paulo MD**Family Practice

French, Italian, Portugese,  
Spanish  
2400 S C St  
Oxnard, CA 93033  
(805) 240-7040  
Valley Care IPA:  
20201013039 †

**Cervantes, Miguel MD**Family Practice

2400 South C St  
Oxnard, CA 93033

(805) 240-7000

Valley Care IPA:  
20201013021

**Chambers, Darin MD**Family Practice

325 W Channel Islands Blvd  
Oxnard, CA 93033  
(805) 204-9500  
Valley Care IPA:  
20201013035

**Cheng, Andrew MD**Family Practice

2400 South C St  
Oxnard, CA 93033  
(805) 240-7000  
Valley Care IPA:  
20201013027

**Dekkers, Robert MD**Internal Medicine

2901 Ventura Rd #120  
Oxnard, CA 93036  
(805) 485-7877  
Valley Care IPA:  
20201010003

**Deutsch, Gary MD**Internal Medicine

2901 Ventura Rd #120  
Oxnard, CA 93036  
(805) 485-7877  
Valley Care IPA:  
20201010002

**Dickey, Micah J DO**Family Practice

2901 Ventura Rd #120  
Oxnard, CA 93036  
(805) 485-7877  
Valley Care IPA:  
20201012019

**Dorner, Gillian MD**Family Practice

2400 S C St  
Oxnard, CA 93033  
(805) 240-7040  
Valley Care IPA:  
20201014003 †

**Fatemi, Shahram MD**Family Practice

1700 N Rose Ave #210  
Oxnard, CA 93030  
(805) 384-8071  
Valley Care IPA:  
20201012015

**Garcia-Pena, Hamlet MD**Family Practice

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201013036

**Goldschmidt, Thomas MD**Internal Medicine

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201012025

3100 N Rose Ave  
Oxnard, CA 93036  
(805) 983-6644

Valley Care IPA:  
20201012025

**Hunter, Grace MD**Internal Medicine

2400 South C St  
Oxnard, CA 93033  
(805) 240-7000  
Valley Care IPA:  
20201014015

325 W Channel Islands Blvd  
Oxnard, CA 93033  
(805) 204-9500

Valley Care IPA:  
20201014015

**Jendusa, Michael F MD**Family Practice

Spanish  
2220 E Gonzales Rd #120A-B  
Oxnard, CA 93033  
(805) 981-5151  
Valley Care IPA:  
20220331002

**Kubo, Koji MD**Family Practice

1700 N Rose Ave #210  
Oxnard, CA 93030  
(805) 384-8071  
Valley Care IPA:  
20201013002

**Lyons, Morgan DO**Internal Medicine

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151

Valley Care IPA:  
20201012002 †

2240 E Gonzales Rd #100  
Oxnard, CA 93036  
(805) 981-5161  
Valley Care IPA:  
20201012002 †

**Medley, Michelle K DO**Family Practice

650 Meta St  
Oxnard, CA 93030  
(805) 487-5351  
Clinicas del Camino Real:  
20170824022

**Mescher-Cox, Megan DO**Internal Medicine

2901 Ventura Rd #120  
Oxnard, CA 93036  
(805) 485-7877  
Valley Care IPA:  
20201012008

**Mikhail, Sam DO**Family Practice

2600 E Vineyard Ave  
Oxnard, CA 93036  
(805) 436-3444  
Clinicas del Camino Real:  
20160325005

**O'Bryan-Becerra, Carlos MD**Family Practice

2400 South C St  
Oxnard, CA 93033  
(805) 240-7000  
Valley Care IPA:  
20201014016

325 W Channel Islands Blvd  
Oxnard, CA 93033  
(805) 204-9500  
Valley Care IPA:  
20201014016

**Okhotin, Helena MD**Family Practice

Russian  
801 Cooper Rd  
Oxnard, CA 93030  
(805) 330-8100  
Clinicas del Camino Real:  
20191010002

## PRIMARY CARE PHYSICIANS

### **Pakala, Shilpa MD**

#### Family Practice

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201014017

### **Patterson, Stanley MD**

#### Family Practice

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201014018 †

### **Phang, Samuel MD**

#### Family Practice

2400 South C St  
Oxnard, CA 93033  
(805) 240-7000  
Valley Care IPA:  
20201009015

### **Ramirez, Carmen MD**

#### Family Practice

2400 South C St  
Oxnard, CA 93033  
(805) 240-7000  
Valley Care IPA:  
20201012012

325 W Channel Islands Blvd

Oxnard, CA 93033  
(805) 204-9500  
Valley Care IPA:  
20201012012

### **Saito, Hideto MD**

#### Family Practice

*Japanese, Spanish*

450 W Clara St  
Oxnard, CA 93033  
(805) 488-0210  
Clinicas del Camino Real:  
20150925008

### **Sarransingh, Marta MD**

#### Family Practice

*Hungarian, Italian*

1100 W Gonzales Rd  
Oxnard, CA 93036  
(805) 988-0053  
Clinicas del Camino Real:  
20150928014

### **SendayDiego, Catherine MD**

#### Family Practice

2400 South C St  
Oxnard, CA 93033  
(805) 240-7000  
Valley Care IPA:  
20210211001 †

### **Serrano, Vladimir MD**

#### Family Practice

2220 E Gonzales Rd #120A-B  
Oxnard, CA 93036  
(805) 981-5151  
Valley Care IPA:  
20201009018

### **Suryakumar, Lydia D MD**

#### Family Practice

1100 W Gonzales Rd  
Oxnard, CA 93036  
(805) 988-0053  
Clinicas del Camino Real:  
20200710002

### **Werner, Dena MD**

#### Internal Medicine

2400 South C St  
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(805) 240-7000  
Valley Care IPA:  
20201014004

### **Santa Paula**

### **Caffrey, Cynthia MD**

#### Internal Medicine

243 March St  
Santa Paula, CA 93060  
(805) 525-7131  
Valley Care IPA:  
20201012005

### **Chen, Jian Anna MD**

#### Internal Medicine

243 March St  
Santa Paula, CA 93060  
(805) 525-7131  
Valley Care IPA:  
20201010004

### **Dekkers, Robert MD**

#### Internal Medicine

243 March St  
Santa Paula, CA 93060  
(805) 525-7131  
Valley Care IPA:  
20201010003

### **Deutsch, Gary MD**

#### Internal Medicine

243 March St  
Santa Paula, CA 93060

(805) 252-7131  
Valley Care IPA:  
20201010002

### **Dickey, Micah J DO**

#### Family Practice

243 March St  
Santa Paula, CA 93060  
(805) 252-7131  
Valley Care IPA:  
20201012019

### **Gomez, Ramon MD**

#### Family Practice

1334 E Main St  
Santa Paula, CA 93060  
(805) 933-1122  
Valley Care IPA:  
20201014001

### **Hofer, Christina MD**

#### Family Practice

400 E Santa Barbara St, A  
Santa Paula, CA 93060  
(805) 525-2121  
Valley Care IPA:  
20201012023

### **Ippolito, John MD**

#### Family Practice

845 N 10th St #2  
Santa Paula, CA 93060  
(805) 933-6888  
Valley Care IPA:  
20201009022

### **Johnston, Christine M MD**

#### Family Practice

500 E Main St  
Santa Paula, CA 93060  
(805) 933-0895  
Clinicas del Camino Real:  
20150928032

### **Levin, Ana A MD**

#### Family Practice,

#### Obstetrics/Gynecology

*Spanish*

254 W Harvard Blvd #B  
Santa Paula, CA 93060  
(805) 229-0200  
Valley Care IPA:  
20220412001

### **Lu, Nancy MD**

#### Family Practice

1334 E Main St  
Santa Paula, CA 93060  
(805) 933-1122

Valley Care IPA:  
20201009021

### **Lyne, Alan W MD**

#### Family Practice

*Spanish*

245 N Tenth St  
Santa Paula, CA 93060  
(805) 525-7515  
Valley Care IPA:  
20201009014

### **Macrito, Jolie DO**

#### Family Practice

254 W Harvard Blvd #B  
Santa Paula, CA 93060  
(805) 229-0200  
Valley Care IPA:  
20201013037

### **Rohlfing, James MD**

#### Family Practice

1334 E Main St  
Santa Paula, CA 93060  
(805) 933-1122  
Valley Care IPA:  
20201014013

### **Solinas, Lisa MD**

#### Family Practice

254 W Harvard Blvd #B  
Santa Paula, CA 93060  
(805) 229-0200  
Valley Care IPA:  
20201012022

### **Tushla, Michael MD**

#### Family Practice

400 E Santa Barbara St, A  
Santa Paula, CA 93060  
(805) 525-2121  
Valley Care IPA:  
20201009002

### **Wikholm, Gary D MD**

#### Family Practice

*Spanish*

247 W Harvard Blvd  
Santa Paula, CA 93060  
(805) 525-0907  
Valley Care IPA:  
20201009019

**Wisniewski, Danielle MD**  
Family Practice  
 254 W Harvard Blvd #B  
 Santa Paula, CA 93060  
 (805) 229-0200  
 Valley Care IPA:  
 20201012027

### Simi Valley

**Chawla, Anil MD**  
Family Practice  
 1227 E Los Angeles Ave  
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 (805) 582-4000  
 Valley Care IPA:  
 20201013024

**Choudhary, Suneeta MD**  
Family Practice  
 1227 E Los Angeles Ave  
 Simi Valley, CA 93065  
 (805) 582-4000  
 Valley Care IPA:  
 20201013032

**Flom, Sheila MD**  
Family Practice  
 1227 E Los Angeles Ave  
 Simi Valley, CA 93065  
 (805) 582-4000  
 Valley Care IPA:  
 20201014009

**Gareys, Lyudmyla MD**  
Family Practice  
 1227 E Los Angeles Ave  
 Simi Valley, CA 93065  
 (805) 582-4000  
 Valley Care IPA:  
 20201013033

**Gowan, Amy J MD**  
Family Practice  
 4370 Eve Rd  
 Simi Valley, CA 93063  
 (805) 915-4400  
 Clinicas del Camino Real:  
 20170829001

**Mandal, Smita D MD**  
Internal Medicine  
 1227 E Los Angeles Ave  
 Simi Valley, CA 93065  
 (805) 582-4000  
 Valley Care IPA:  
 20201012006

**Meshriky, Joseph MD**  
Family Practice

1227 E Los Angeles Ave  
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 (805) 582-4000  
 Valley Care IPA:  
 20201012004

**Sohal, Manvir MD**  
Family Practice  
 1424 Madera Rd  
 Simi Valley, CA 93065  
 (805) 522-5722  
 Clinicas del Camino Real:  
 20180713003

**Sportelli, Marisa MD**  
Family Practice  
 1227 E Los Angeles Ave  
 Simi Valley, CA 93065  
 (805) 582-4000  
 Valley Care IPA:  
 20201009020

### Thousand Oaks

**Carvalho, J Paulo MD**  
Family Practice  
*French, Italian, Portugese,  
 Spanish*  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100  
 Valley Care IPA:  
 20201013039 †

**Darden, Ted MD**  
Internal Medicine  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100  
 Valley Care IPA:  
 20201013030

**Jonokuchi, Carl MD**  
Family Practice  
 550 St Charles Dr #200  
 Thousand Oaks, CA 91360  
 (805) 384-8071  
 Valley Care IPA:  
 20201013003

**Kang, Seong MD**  
Family Practice  
*Korean*  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100

Valley Care IPA:  
 20201013034 †  
**Kroening, Emily MD**  
Family Practice  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100  
 Valley Care IPA:  
 20201014005

**Lundquist, Davin R MD**  
Family Practice  
 550 St Charles Dr #200  
 Thousand Oaks, CA 91360  
 (805) 384-8071  
 Valley Care IPA:  
 20201013001

**Patrick, Leah DO**  
Family Practice  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100  
 Valley Care IPA:  
 20201013038 †

**Raheel, Seema MD**  
Internal Medicine  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100  
 Valley Care IPA:  
 20201013028

**Smith, Mark MD**  
Family Practice  
 125 W Thousand Oaks Blvd  
 #300  
 Thousand Oaks, CA 91360  
 (805) 418-9100  
 Valley Care IPA:  
 20201013026 †

**Wedlow, Camille MD**  
Family Practice  
 550 St Charles Dr #200  
 Thousand Oaks, CA 91360  
 (805) 384-8071  
 Valley Care IPA:  
 20201012031

### Ventura

**Al-Tai, Zeena Z MD**  
Family Practice  
*Arabic*

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 Clinicas del Camino Real:  
 20211025001

**Araujo, David MD**  
Family Practice  
 300 Hillmont Ave, Bldg 340  
 #201  
 Ventura, CA 93003  
 (805) 652-6100  
 Valley Care IPA:  
 20201013022

**Baker, Wallace MD**  
Family Practice  
 300 Hillmont Ave, Bldg 340  
 #201  
 Ventura, CA 93003  
 (805) 652-6100  
 Valley Care IPA:  
 20201012033

**Cusick, William DO**  
Family Practice  
 133 W Santa Clara St  
 Ventura, CA 93001  
 (805) 641-5600  
 Valley Care IPA:  
 20201014006

**David, Jacob MD**  
Family Practice  
 300 Hillmont Ave, Bldg 340  
 #201  
 Ventura, CA 93003  
 (805) 652-6100  
 Valley Care IPA:  
 20201013012

**DeGuzman, Dorothy MD**  
Family Practice  
 300 Hillmont Ave, Bldg 340  
 #201  
 Ventura, CA 93003  
 (805) 652-6100  
 Valley Care IPA:  
 20201013010

**Dickstein, Sheryl MD**  
Family Practice  
 300 Hillmont Ave, Bldg 340  
 #201  
 Ventura, CA 93003  
 (805) 652-6100  
 Valley Care IPA:  
 20201013020 †



## PRIMARY CARE PHYSICIANS

---

**Dodge, Robert MD**Family Practice

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(805) 641-2000  
Valley Care IPA:  
20201009017

**Francke, Wendy MD**Family Practice

133 W Santa Clara St  
Ventura, CA 93001  
(805) 641-5600  
Valley Care IPA:  
20201013040 †

**Helmer, James MD**Family Practice

300 Hillmont Ave, Bldg 340  
#201  
Ventura, CA 93003  
(805) 652-6100  
Valley Care IPA:  
20201012030 †

**Jorgensen, Neil MD**Family Practice

300 Hillmont Ave, Bldg 340  
#201  
Ventura, CA 93003  
(805) 652-6100  
Valley Care IPA:  
20201012035

**Khan, Tipu MD**Family Practice

300 Hillmont Ave, Bldg 340  
#201  
Ventura, CA 93003  
(805) 652-6100  
Valley Care IPA:  
20201013009

**Lambing, Cheryl MD**Family Practice

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#201  
Ventura, CA 93003  
(805) 652-6100  
Valley Care IPA:  
20201012032 †

**Moffatt, Robert MD**Family Practice

231 N Dos Caminos Ave  
Ventura, CA 93003  
(805) 653-5070  
Valley Care IPA:  
20201010001

**Murphy, Charles MD**Family Practice

168 N Brent St #502  
Ventura, CA 93003  
(805) 641-2000  
Valley Care IPA:  
20201010005

**Schoeld, Kristi MD**Family Practice

300 Hillmont Ave, Bldg 340  
#201  
Ventura, CA 93003  
(805) 652-6100  
Valley Care IPA:  
20201012034

**Stephens, Kyle DO**Family Practice

168 N Brent St #502  
Ventura, CA 93003  
(805) 641-2000  
Valley Care IPA:  
20201013007

**Sujanani, Sunita MD**Family Practice

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Ventura, CA 93003  
(805) 585-5562  
Valley Care IPA:  
20201013014

**Ulrich, Ramsey MD**Internal Medicine

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Ventura, CA 93003  
(805) 585-5562  
Valley Care IPA:  
20201013008

**Werner, Dena MD**Internal Medicine

300 Hillmont Ave, Bldg 340  
#502  
Ventura, CA 93003  
(805) 652-6524  
Valley Care IPA:  
20201014004

**Zwolak, Zachary DO**Family Practice

300 Hillmont Ave, Bldg 340  
#201  
Ventura, CA 93003  
(805) 652-6100  
Valley Care IPA:  
20201013011

**SPECIALISTS**

**ESPECIALISTAS**

**Allergy & Immunology****Verma, Prashant MD**

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Camarillo, CA 93010  
(805) 419-5570

451 W Gonzales Rd #150  
Oxnard, CA 93036  
(805) 983-0771

5720 Ralston St #205  
Ventura, CA 93003  
(805) 658-9500

**Verma, Sanjiv MD**

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(805) 419-5570

451 W Gonzales Rd #150  
Oxnard, CA 93036  
(805) 983-0771

5720 Ralston St #205  
Ventura, CA 93003  
(805) 658-9500

**Bariatric Surgery****Billy, Helmuth T MD**

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Ventura, CA 93003  
(805) 676-9100

**Cardiology****Shareghi, Shahrzad MD**

2876 Sycamore Dr #202  
Simi Valley, CA 93065  
(805) 222-4757

**Wadia, Subeer K MD**

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Ventura, CA 93003  
(805) 653-0101

1701 Solar Dr #150  
Oxnard, CA 93030  
(805) 278-4020

**Cardiothoracic Surgery****Chicotka, Scott R MD**

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Ventura, CA 93003  
(805) 643-2375

**Cardiovascular Disease****Brackett, Jeffrey C MD**

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Ventura, CA 93003  
(805) 653-0101

1701 Solar Dr #150  
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(805) 278-4020

**Brooks, Dennis L MD**

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Ventura, CA 93003  
(805) 653-0101

1701 Solar Dr #150  
Oxnard, CA 93030  
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**Buckingham, Robert L MD**

115 Pirie Rd #D  
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**Dharawat, Amita R MD**

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Simi Valley, CA 93065  
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2240 E Gonzalez Rd #100  
Oxnard, CA 93036  
(805) 981-5151

300 Hillmont Ave, Bldg 340  
#503

Ventura, CA 93003  
(805) 652-5787

3801 Las Posas Rd #214  
Camarillo, CA 93010  
(805) 437-0900

845 N 10th St  
Santa Paula, CA 93060  
(805) 525-0215

**Dukes, Jonathan W MD**

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Ventura, CA 93003  
(805) 653-0101

1701 Solar Dr #150  
Oxnard, CA 93030  
(805) 278-4020

**Fatemi, Omid MD**

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Ventura, CA 93003  
(805) 653-0101

1701 Solar Dr #150  
Oxnard, CA 93030  
(805) 278-4020

**Khatore, Manoj MD**

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Oxnard, CA 93036  
(805) 604-1824

**Mansour, Craig S MD**

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(805) 653-0101

1701 Solar Dr #150  
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**Patel, Shirish T MD**

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**Singh, Karan D MD**

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915 W 7th St  
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(805) 486-1601

921 W 7th St  
Oxnard, CA 93030  
(805) 486-1601

**Steinberg, Alon A MD**

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(805) 653-0101

1701 Solar Dr #150  
Oxnard, CA 93030  
(805) 278-4020

**Cardiovascular Surgery****Bushnell, Lamar J MD**

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(805) 652-6201

**Wan, Jennifer J MD**

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Ventura, CA 93003  
(805) 643-2375

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#401  
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**Critical Care Medicine****Bhatia, Rajan MD**

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**Dermatology****Ezra, Navid MD**

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15424 NordHoff St #B  
North Hills, CA 91343  
(805) 222-5803

3095 Old Conejo Rd #200  
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(805) 222-5803

3901 Las Posas Rd #102  
Camarillo, CA 93010  
(805) 222-5803

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2100 Solar Dr #202  
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2659 Townsgate Rd #215  
Westlake Village, CA 91361  
(818) 906-6900

28049 Smyth Dr  
Valencia, CA 91355  
(818) 906-6900

421 N Rodeo Dr #G8  
Beverly Hills, CA 90210  
(818) 906-6900

**Lynn, Rikk N MD**

300 Hillmont Ave  
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**Endocrinology****Pinzone, Joseph J MD**

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#300  
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2240 E Gonzales Rd #100  
Oxnard, CA 93036  
(805) 981-5161

300 Hillmont Ave, Bldg 340  
#502  
Ventura, CA 93003  
(805) 652-6222

**Poorsattar, Gulnar P MD**

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**Shah, Nissar MD**

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**Gastroenterology****Amadpour, Moe MD**

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**Anyadike, Cyril O MD**

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(805) 214-1514

8110 Airport Blvd, 2nd Fl  
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**Fan, Robert S MD**

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8110 Airport Blvd, 2nd Fl  
Los Angeles, CA 90045  
(310) 674-0144

**Hazan, Sabine S MD**

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**Ojuri, Adebambo O MD**

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Simi Valley, CA 93063  
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8110 Airport Blvd, 2nd Fl  
Los Angeles, CA 90045  
(310) 674-0144

**Sanchez, Paul MD**

2240 E Gonzales Rd #100  
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**Trivedi, Mayur R MD**

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Thousand Oaks, CA 91360  
(805) 583-4463

2876 Sycamore Dr #203  
Simi Valley, CA 93065  
(805) 583-4463

**General Surgery****Arana, Jaime MD**

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#401  
Ventura, CA 93003  
(805) 652-6201

**Babashoff, Lisa L MD**

117 Pirie Rd #E  
Ojai, CA 93023  
(805) 485-8722

168 N Brent St #506  
Ventura, CA 93003  
(805) 653-6580

1700 N Rose Ave #430  
Oxnard, CA 93030  
(805) 485-8722

**Barbaro, Casey E MD**

300 Hillmont Ave, Bldg 340  
#401  
Ventura, CA 93003  
(805) 652-6201

**Billy, Helmuth T MD**

3200 Telegraph Rd  
Ventura, CA 93003  
(805) 676-9100

**Bryant, Timothy G MD**

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Ventura, CA 93003  
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1700 N Rose Ave #430  
Oxnard, CA 93030  
(805) 485-8722

**Chicotka, Scott R MD**

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Ventura, CA 93003  
(805) 643-2375

**Conway, William C MD**

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#401  
Ventura, CA 93003  
(805) 652-6201

**Dixon, Neal P MD**

2438 Ponderosa Dr #C207  
Camarillo, CA 93010  
(805) 484-3513

**Duncan, Thomas K MD**

300 Hillmont Ave, Bldg 340  
#401  
Ventura, CA 93003  
(805) 652-6201

**Eisner, Joseph A MD**

168 N Brent St #506  
Ventura, CA 93003  
(805) 653-6580

1700 N Rose Ave #430  
Oxnard, CA 93030  
(805) 485-8722

**Jones, Garrett C DO**

300 Hillmont Ave, Bldg 340  
#401  
Ventura, CA 93003

(805) 652-6201

**Jreije, Karim M DO**

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#401  
Ventura, CA 93003  
(805) 652-6201

**LoPresti, Joseph S MD**

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Oxnard, CA 93030  
(805) 485-8722

2460 N Ponderosa Dr #A117  
Camarillo, CA 93010  
(805) 485-8722

**Romero, Javier A MD**

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#401  
Ventura, CA 93003  
(805) 652-6201

**Sanchez, Barry R MD**

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#401  
Ventura, CA 93003  
(805) 652-6201

**Schweitzer, Jeremy MD**

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#401  
Ventura, CA 93003  
(805) 652-6201

**Steen, Shawn T MD**

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#401  
Ventura, CA 93003  
(805) 652-6201

**Tuai, Brian C MD**

168 N Brent St #506  
Ventura, CA 93003  
(805) 653-6580

1700 N Rose Ave #430  
Oxnard, CA 93030  
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415 Rolling Oaks Rd #220  
Thousand Oaks, CA 91361  
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**Hematology/Oncology**

**Chang, Kevin Q MD**  
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2900 Loma Vista Rd #200  
Ventura, CA 93003  
(805) 643-4283  
500 Paseo Camarillo #106  
Camarillo, CA 93010  
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**Jiang, Baijia MD**  
1700 N Rose Ave #320  
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2900 Loma Vista Rd #200  
Ventura, CA 93003  
(805) 643-4283

**Kong, Lynn R MD**  
1700 N Rose Ave #320  
Oxnard, CA 93030  
(805) 485-8709  
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**HOSPITALS**

**HOSPITALES**

## HOSPITALS

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**SKILLED NURSING FACILITIES**

**CENTRO DE ENFERMERIA ESPECIALIZADA**

## SKILLED NURSING FACILITIES

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**OUTPATIENT MENTAL HEALTH PROVIDERS**

**PROVEEDORES DE SALUD MENTAL PARA  
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